

Myrbetriq is a prescription medicine for adults used to treat overactive bladder (OAB) with symptoms of urgency, frequency and leakage.

 **Myrbetriq**[®]
(mirabegron extended-release tablets)
25 mg, 50 mg

Doctor Conversation Guide

Starting the OAB conversation is the first step to getting help. Share this guide with your doctor.

Show your overactive bladder (OAB) Symptom Summary to your healthcare professional (HCP) to let them know about your OAB symptoms.

We've also included some questions to ask about Myrbetriq, a prescription medicine used to treat OAB with symptoms of urgency, frequency and leakage in adults.



My Symptom Summary

1. How many times do you urinate during the day?

Up to 7 times

8 to 12 times

13 or more

2. Do you have to rush to the toilet to urinate?

Never

Sometimes

Most of the time

All the time

3. Does urine leak before you can get to the toilet?

Never

Sometimes

Most of the time

All the time

Questions to Ask

Could Myrbetriq be right for me?

How do I take Myrbetriq?

How long might it take for my symptoms to start improving?

How do I know if I'm responding to my treatment?

Important Safety Information

Do not take MYRBETRIQ[®] (mirabegron extended-release tablets) if you are allergic to mirabegron or any ingredients in MYRBETRIQ.

MYRBETRIQ may cause your blood pressure to increase or make your blood pressure worse if you have a history of high blood pressure. You and your doctor should check your blood pressure while you are taking MYRBETRIQ. Call your doctor if you have increased blood pressure.

Please see complete Important Safety Information at the end of this PDF. Please refer to accompanying Patient Product Information and complete Prescribing Information for Myrbetriq, found at Myrbetriq.com.

My Symptom Summary (continued)

4. Which of these OAB symptom(s) bother you? *(select all that apply)*

Urgency Frequency Leakage

5. How long have you been experiencing your OAB symptoms?

Less than 1 month 1-6 months 6 months to 1 year 1-5 years 6+ years

Lifestyle and behavior changes I've tried

6. Do you use any of the following to help deal with leaks?

(select all that apply)

Pantyliners, pads, diapers or absorbent underwear

Wearing dark clothing in case of leaks

Bringing extra clothing, just in case

Staying close to bathrooms and making note of their locations when travelling

Avoiding activities in fear of having an accident/leakage

None

Did You Know?



Going to the bathroom **more than 7 times** during waking hours is considered "frequent urination"



A sudden, strong urge to urinate is a common symptom of OAB



People with OAB sometimes have urine leakage – accidental wetting

Important Safety Information (continued)

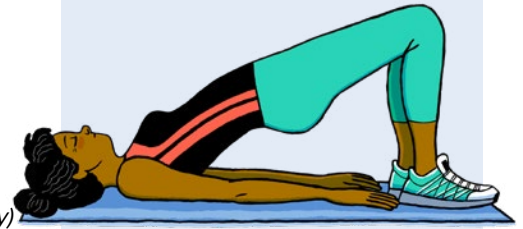
MYRBETRIQ may increase your chances of not being able to empty your bladder. Tell your doctor right away if you have trouble emptying your bladder or you have a weak urine stream.

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Lifestyle and behavior changes I've tried (continued)

7. Have you recently taken steps to improve your OAB symptoms?

Always consult your doctor when starting any diet or exercise program. *(select all that apply)*



Losing excess weight

Quitting smoking

Practicing mindfulness and/or limiting stress

Practicing Kegels and/or other bladder exercises

Managing fluid intake and/or limiting dietary triggers

None

Did You Know?

Making certain lifestyle changes can help you to better control your OAB symptoms.

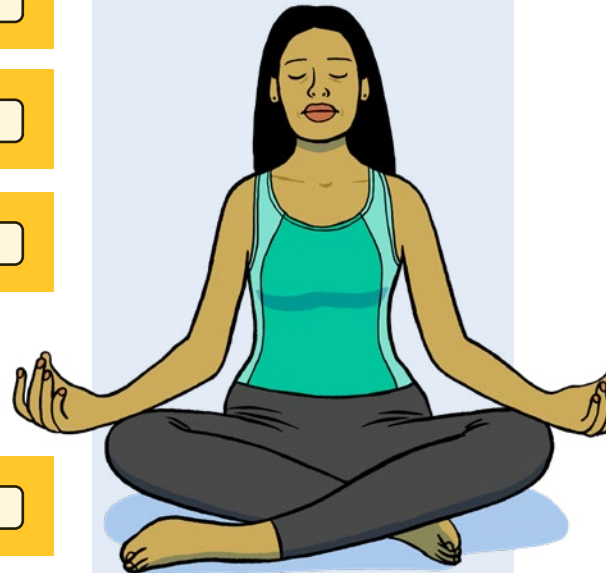
8. Do you use or have you considered any medications or medical treatments for your OAB symptoms? *(select all that apply)*

Over-the-counter treatment(s), such as vitamins, supplements, natural products, etc.

Prescription medication(s)

Other medical treatment(s)

None



Important Safety Information (continued)

MYRBETRIQ may cause an allergic reaction with swelling of the face, lips, throat or tongue with or without difficulty breathing. Stop using MYRBETRIQ and go to the nearest hospital emergency room right away.

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How I feel my OAB symptoms are affecting me

9. In what ways are your OAB symptoms affecting your daily activities?

(select all that apply)

I have to plan my schedule and activities around frequent bathroom breaks

I don't travel as often or as comfortably as I'd like

I think about my next bathroom break while I'm out with friends/family

I feel embarrassed about having accidents

My frequent bathroom breaks are interrupting my daily tasks

I look for bathrooms whenever I enter a new location

None

10. Do you avoid certain events and/or activities because of your OAB symptoms? (select all that apply)

Long events (ex: road trips, flights, sports games, movies, plays, amusement parks)

Events in unfamiliar places

Events in the outdoors or other places that may not have restrooms

Events with people I am not comfortable explaining my frequent bathroom trips to

None



Start the Conversation

If you feel that you are missing out because of your OAB symptoms, it's time to talk to your doctor. Take these results in to help start the discussion.



Important Safety Information (continued)

Tell your doctor about all the medicines you take including medications for overactive bladder or other medicines especially thioridazine (Mellaril™ and Mellaril-S™), flecainide (Tambocor®), propafenone (Rythmol®), digoxin (Lanoxin®) or solifenacin succinate (VESIcare®). MYRBETRIQ may affect the way other medicines work, and other medicines may affect how MYRBETRIQ works.

Please see complete Important Safety Information at the end of this PDF. Please refer to accompanying Patient Product Information and complete Prescribing Information for Myrbetriq, found at Myrbetriq.com.



USE OF MYRBETRIQ[®] (mirabegron extended-release tablets)

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Before taking MYRBETRIQ, tell your doctor about all of your medical conditions, including if you have liver or kidney problems.

The most common side effects of MYRBETRIQ include high blood pressure, pain or swelling of the nose or throat (nasopharyngitis), urinary tract infection, and headache.

For further information, please talk to your healthcare professional and see accompanying Patient Product Information and complete Prescribing Information for MYRBETRIQ[®] (mirabegron extended-release tablets), found at Myrbetriq.com.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call **1-800-FDA-1088**.

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